

Heat Press Guide for Sublimation (SP-1)

Please be sure to perform a transfer test prior to sublimating on your garment or item.

Category	Material	Temperature	Time	Tips / Features
Polyester Fabric	T-shirt	390°F / 200°C	45 seconds	• We recommend using a heat press mat for sublimation transfer. • To avoid inconsistency in the transfer process, make sure the transfer surface is even. • If your material is wrinkly, smooth out the wrinkles before transferring.
Polyester Fabric	Tote Bag	390°F / 200°C	45 seconds	• We recommend using a heat press mat for sublimation transfer. • To avoid inconsistency in the transfer process, make sure the transfer surface is even. • If your material is wrinkly, smooth out the wrinkles before transferring.
Polyester Fabric	Towel	370°F / 190°C	60 seconds	• We recommend using a heat press mat for sublimation transfer. • To avoid inconsistency in the transfer process, make sure the transfer surface is even.
Polyester Fabric	Cushion Cover	390°F / 200°C	45 seconds	• We recommend using a heat press mat for sublimation transfer. • To avoid inconsistency in the transfer process, make sure the transfer surface is even. • If your material is wrinkly, smooth out the wrinkles before transferring.
Polyester Fabric	Cloth	390°F / 200°C	45 seconds	• We recommend using a heat press mat for sublimation transfer. • To avoid inconsistency in the transfer process, make sure the transfer surface is even. • If your material is wrinkly, smooth out the wrinkles before transferring.
Polyester Fabric	Socks	390°F / 200°C	45 seconds	• We recommend using a heat press mat for sublimation transfer. • To avoid inconsistency in the transfer process, make sure the transfer surface is even.
Polyester Thread	Sewing machine embroidery surface for sublimation transfer	390°F / 200°C	60 seconds	• The fabric may discolor when heated with a heat press. • We recommend protecting the area around the embroidery with a thin cloth or similar material that is not thicker than the embroidered area. Please proceed with caution, paying close attention to the condition of the fabric.
Hard material	Coaster (Sublimation metal plate with cork)	370°F / 190°C	45 seconds	
Hard material	Ceramic Mug	360°F / 180°C	180 seconds	• Depending on the model, the temperature of the bottom part may vary, so please refer to the guide of the model. • Please do not use an oven for transferring. • Please use heat resistant tape to secure transfer sheet to cup or mug before pressing.
Hard material	Metal Tumbler	360°F / 180°C	80 seconds	• Depending on the model, the temperature of the bottom part may vary, so please refer to the guide of the model. • Please do not use an oven for transferring. • Please use heat resistant tape to secure transfer sheet to cup or mug before pressing.
Hard material	Phone Case (Sublimation aluminium plate)	360°F / 180°C	80 seconds	• If there is a protective film on the surface of the material, remove it before transferring.
Hard material	Tile	340°F / 170°C	180 seconds	
Hard material	Wood tray/plate	340°F / 170°C	120 seconds	
Soft material	Coaster (Rubber)	390°F / 200°C	45 seconds	• When transferring with a heat press, there is a peculiar smell of heated rubber material. Provide adequate ventilation during and after use.
Soft material	Mouse Pad	370°F / 190°C	60 seconds	• When transferring with a heat press, there is a peculiar smell of heated rubber material. Provide adequate ventilation during and after use.
Soft material	Puzzle(Cardboard)	370°F / 190°C	60 seconds	• Use the sublimation paper that is sufficiently larger than the material size. • Firm pressing mat makes the surface flat and stable to transfer. • When heat is applied, the surface layer may shrink, gaps may be opened, and wrinkles may occur. Adjust the temperature and time.

Heat Press Guide for Sublimation (SP-1)

- Notes :
- For heat press temperature and time settings, please refer to the recommended values of the material if available.
If not, please use the heat press instructions or the values written in this table as a guide.
This is not the optimum value depending on the thickness of the material and other conditions,
so please try to set the value up/down and transfer several times to find the optimal value.
 - Please use the materials for sublimation.
 - Use the heat press machine only in a well-ventilated area as heating will emit vapors.
 - Butcher paper does not prevent image transfer onto materials under the butcher paper,
please use multiple papers to ensure sublimation ink is not transferring to your pressing mat or heating pad.
 - Please do not touch the printed surface of the sublimation paper.
 - Be careful not to shift the sublimation paper during the heating process.
 - When peeling off the sublimation paper, be careful not to burn your fingers.
 - For more detailed information, visit <https://s.brother/sublpsc2faq9/> to find more answers on FAQs & Troubleshooting page.